

# Instant Harmony™

## Experiencing Group Success Through Singing

*The Instant Harmony experience is completely non-threatening and pure fun! It's more about learning than about music. Truly inspiring.*

*Dorothy Largay, Ph.D.  
Management Consultant,  
Los Gatos*



**S**TATISTICS consistently list public speaking as one of the average person's top five fears. By that standard, it's safe to assume that public singing is probably right off the scale. So why on earth would anyone want to participate in a singing workshop?

### Finding One's Own Voice, Hearing One Another

In fact, an Instant Harmony workshop focuses more on group dynamics and the learning process itself than on musical ability. As a result, the workshop experience quickly generates and builds on positive group enthusiasm to boost individual self-confidence as well as team spirit... all in one efficient and highly enjoyable experience.

The multicultural songs are taught entirely "by ear." Because no musical training is required, the playing field is leveled as everyone attempts to learn something completely new. At the same time, group cooperation and support soars. Suddenly junior personnel are helping executives find their note. One person learns the words more quickly, while another immediately catches the beat.

As each singer focuses on his or her own task—learning one part of a complex harmony—each member of the group also learns to extend their awareness to "tune" with other members of the choir. The sound that emerges surpasses everyone's expectations and encourages the group to tackle further challenges.

The result? Instant Harmony. Plus a long-lasting new spirit of cooperation and teamwork that helps support corporate objectives.

### Proven benefits of Instant Harmony workshops include significant improvements in:

- Communication
- Collaboration
- Self-confidence
- Motivation
- Stress-reduction
- Resource & information-sharing
- Problem-solving
- Commitment
- Trust

Just as important, Instant Harmony workshops offer a relaxed and inviting atmosphere for group interaction and fun. Often participants are still talking about the experience weeks and months after the workshop.

*Anyone who has ever managed a diverse a group of people knows how challenging it can be. In just an hour, Daniel creates a group cohesiveness that might otherwise take weeks of struggle to achieve. Wayne Rosing, Vice President, Caere Corporation*

### What is an Instant Harmony workshop?

- Typical workshops last about 1.5 hours. Working with groups of 20 or more, Daniel Steinberg acts as a dynamic vocal coach, accompanist, and director to teach 2–4 songs to the group.
- Adding an "instant diversity" benefit to the experience, the songs are drawn from a wide range of musical styles and global cultures. Removing yet another barrier to unity, the simple lyrics are always easy to learn and remember.
- Workshops may be offered as single events or as a series. Performance opportunities—either for other employees or for the general public—are also an option.
- By encouraging participants to take small risks in a safe, supportive, and fun environment, Instant Harmony workshops build trust, increase commitment, and improve performance.

*A lot of the team-building exercises I've participated in—such as rappelling, paintball, and whitewater rafting—involve physical hardship that can be difficult for some members of the group. Singing in a choir demands team-binding cohesiveness, but without the overload of actual physical risk. I don't think I've ever seen another learning experience that generated tangible results so quickly, and with so much fun.*

*Bruce Nolen, Vice President,  
Opcode Systems, Inc.*



Educated at Columbia and Harvard Universities in engineering and music, Daniel Steinberg's career has consistently combined these two disciplines. He is well-versed in several world music traditions, and he performs on piano and flute with the band he cofounded, Hillbillies From Mars. His music may be heard on many recordings, including the Grammy-nominated album "The Oak and the Laurel" by Laurie Lewis and Tom Rozum.

Daniel's teaching credentials include private instruction and featured faculty positions for more than 15 years at the Festival of American Fiddle Tunes, Lark in the Morning Camp, The Puget Sound Guitar Workshop, and the Augusta Heritage Festival. He has been a staff musician on an American Dance Friendship Tour to Russia and the Ukraine, and has acted as Program Director for Sierra Swing (a week-long dance camp) since 1995. He currently directs ongoing community choral groups in Berkeley and Mountain View, California, and his unique Instant Harmony workshops are a favorite offering wherever they are held.

Daniel's understanding of corporate personnel requirements stems from 25 years as a consultant, software engineer, and executive for SRI International, Gibson Guitar Company, Sun Microsystems, and other leading edge Silicon Valley companies. He has successfully managed engineering teams through the pressure-cooker environment of high-tech product development. This background fuels his commitment to improving group performance and encouraging creative collaboration.

**Instant Harmony Workshops can be customized to fit your specific needs.**

**For more information, contact:  
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